



On Saturday, November 17, 2018 the Parks Conservancy of New Hanover County will host its second Coastal Fitness Challenge at Hugh MacRae Park! The Coastal Fitness Challenge is a special fundraising event held biannually to benefit the Parks Conservancy of New Hanover County. The Parks Conservancy is a 501(c)(3) nonprofit organization established in 2012 to support New Hanover County's parks through fundraising, volunteerism, and advocacy.

The Coastal Fitness Challenge consists of 50-minute group exercise classes such as yoga, boot camp, and cardio tennis. Classes run concurrently and begin on the hour at 9am, 10am, and 11am. Participants may sign up for class(es) in advance online or at the registration table on event day, and 100% of the class fees are donated directly to the Parks Conservancy.

In order to make this event a success, the Parks Conservancy is currently seeking local group fitness instructors who are willing to volunteer their time to teach a 50-minute class during the Coastal Fitness Challenge. In addition to teaching a class, instructors are encouraged to promote the event to their regular class participants, gyms, etc. The event will be promoted by the Parks Conservancy and New Hanover County Parks & Gardens, giving valuable exposure to the instructors and their facilities.

If you would like more information regarding the Coastal Fitness Challenge, please contact the Parks Conservancy at (910) 798-7620 or [nhcparksconservancy@nhcgov.com](mailto:nhcparksconservancy@nhcgov.com). For more information regarding the Parks Conservancy, visit [NHCParksConservancy.org](http://NHCParksConservancy.org).



***Our Mission:***

*To care for and improve New Hanover County's parks. Through these improvements we enhance more than the county's beauty, we improve the health, community and economic strength.*